



## **ASPMN Fun Run/Walk Waiver**

To participate in the Fun Run/Walk, please read this waiver and indicate your agreement by checking where indicated on the registration form.

*I know that running/walking in a Fun Run/Walk is a potentially hazardous activity. I should not enter and run/walk unless I am medically able and properly trained to do so. I agree to abide by any decisions of a run/walk official relative to my ability to safely complete the run/walk. I assume all risks associated with running/walking in this event, including, but not limited to, falls, contact with other participants, the effects of the weather, including heat and/or humidity, traffic and the conditions of the road. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I and anyone entitled to act on my behalf, waive and release the city of Portland, Oregon, the Portland Marriott Downtown Waterfront, the race organizers, any event sponsors, ASPMN and their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event.*