

Registration Brochure

MANAGEMENT
OF PAIN &
ADDICTIONS:

*Broadening
Our Perspectives*

21ST NATIONAL CONFERENCE

AMERICAN SOCIETY FOR
**Pain Management
Nursing**
ASPMN® in conjunction with IntNSA



September 7-10, 2011 Tucson, AZ

JW Marriott Starr Pass Resort & Spa

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CONTINUING EDUCATION

ASPMN® awards contact hours for participants who attend the National Conference. ASPMN® will obtain credits for nurses and advanced practice nurses (including pharmacology credit, if applicable). We will request 21.5 contact hours for this conference (includes CE for pre-conference workshops).

The American Society for Pain Management Nursing® is an approved provider of continuing nursing education by the New York State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

This program is pending approval by the American Academy of Nurse Practitioners.

TARGET AUDIENCE

The target audience for the 21st National Conference includes registered nurses and advanced practice nurses practicing in pain management, as well as nursing faculty and nursing students with an interest in pain management.

COMMERCIAL SUPPORT

Commercial support has been received for this program. A list of supporters is provided on page 3.

LEARNING OBJECTIVES

Please contact Christie Ross at (913) 895-4606 to receive a complete list of learning objectives for each session.

MANAGEMENT OF PAIN & ADDICTIONS:

Broadening Our Perspectives

September 7-10, 2011 ■ JW Marriott Starr Pass Resort & Spa

In conjunction with the International Nurses Society on Addictions (IntNSA)

The American Society for Pain Management Nursing® (ASPMN®) is pleased to announce its 21st National Conference, September 7-10, 2011, at the JW Marriott Starr Pass Resort & Spa being held in conjunction with the International Nurses Society on Addictions (IntNSA) 35th Annual Educational Conference.

Nursing specialty organizations join in the challenge of working with individuals experiencing pain, individuals at risk for addiction and individuals with addictions who are experiencing pain. ASPMN®, together with IntNSA, combine their expertise in seeking to improve the quality of life for these populations.

This year ASPMN® is partnering with IntNSA to offer content from both organizations. You will see on the following pages ASPMN®'s program, and we have also provided the sessions for IntNSA. Attendees of either conference are encouraged to take advantage of the joint meeting and attend any IntNSA sessions that might be beneficial.

THE GOALS OF THE 21ST NATIONAL CONFERENCE ARE TO:

- Discuss clinical options for the treatment of patients who require pain management and addictions nursing care.
- Analyze clinical, research, socio-cultural and legal developments in the fields of pain management and addictions.
- Advocate for the provision of comprehensive, evidence-based, quality care of individuals and their families experiencing problems related to addictions and acute and chronic pain conditions.
- Network with nurses and other health professionals who focus on addictions or pain management in their practice.

THE NATIONAL CONFERENCE WILL INCLUDE:

- Nationally recognized speakers and leaders in the field of pain management
- Pre-conference educational opportunities for additional learning
- Innovative educational sessions
- Incorporation of technology and human touch in pain management practice
- Networking opportunities
- Potential to gain new peers and partners

September 7-10, 2011 Tucson, AZ JW Marriott Starr Pass Resort & Spa

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Hotel Information



Rate

\$169.00 plus tax single/double

Reservations

By Phone: Call JW Marriott Starr Pass Resort & Spa at (888) 527-8989 and request the ASPMN® rate.

Online: Visit the JW Marriott Starr Pass Resort & Spa reservations site – <http://bit.ly/iRdksN>

Please Note:

The discounted room rate is available from September 6-10, 2011. The group rate may also be available three days before and after the conference if the hotel has availability.

Reservations must be made by Friday, August 12, 2011 in order to receive the conference discounted room rate. However, please note that sleeping rooms are assigned on a first-come, first-served basis and may sell out before August 12.

The society has committed to a block of sleeping rooms for this event. If you make the decision to stay at another property, not only is it less convenient for you, but it also may harm the society financially. We encourage you to reserve your room at the headquarters hotel and to continue to support your professional society.

JW Marriott Starr Pass Resort & Spa
3800 West Starr Pass Boulevard
Tucson, AZ 85745
Reservations: (520) 792-3500

Enjoy the mountains of Arizona at the JW Marriott Starr Pass Resort & Spa. Located just west of an area considered the birthplace of Tucson, Arizona, this resort hotel is rich with culture, history and beauty. Experience a truly unique destination resort complete with world class spa facilities and nationally acclaimed Arizona golf courses. Fine dining and award-winning restaurants further complement this one-of-a-kind Tucson resort hotel.

CANCELLATIONS & TRANSFERS

Cancellations and transfers must be requested in writing and postmarked or faxed by August 18, 2011. Refunds will be issued following the National Conference. A \$50.00 administrative fee will be assessed. If you transfer your registration to another person, please include a completed registration form from that person with your written request. Requests for cancellations postmarked or faxed after August 18, 2011, are not refundable.

Transportation Information

The hotel is located 11.97 miles or 25 minutes from the Tucson International Airport.

Taxi

Taxi fare is approximately \$35 one-way.

Arizona Stagecoach

ARRIVAL: After claiming your luggage, in the lower level, check in at the Arizona Stagecoach counter. You will have an approximate 15-minute wait. If you have not made your return reservation you can make it while you are waiting. Follow the overhead "shared ride vans" signs.

DEPARTURE: A change or cancellation must be made two hours prior to pick-up time. Call (520) 889-1000.

Reservations can be made by calling (520) 889-1000 or on the Arizona Stagecoach web site at www.AZSTAGECOACH.com
Group ID # ASPMN

RATES: \$26 per person one-way
\$46 per person round-trip
\$30 per couple one-way
\$54 per couple round-trip

Parking

- On-site parking fee: \$10 daily
- Valet parking fee: \$20 daily with in/out privileges
- Complimentary off-site parking

Climate in September

Average Rainfall	1.24 inches
Average Temperature	71-95 °F

THANK YOU TO OUR SUPPORTERS

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September 7-10, 2011 Tucson, AZ JW Marriott Starr Pass Resort & Spa

Featured Speakers

OPENING KEYNOTE SPEAKER



**Peggy Compton, RN,
PhD, FAAN**

Dr. Peggy Compton received her PhD in nursing science at New York University and completed a postdoctoral fellowship in

opioid addiction at the UCLA Drug Abuse Research Center. She is Professor and Associate Dean at the UCLA School of Nursing in the Acute Care Section. Dr. Compton's research program explores pain and opioid addiction from a clinical perspective, with a specific interest in how the presence of one affects the expression of the other. She has been systematically studying the pain responses of opioid-addicted/dependent individuals, and is a clinical expert in detecting opiate abuse and addiction in chronic pain patients.

Dr. Compton is a member of numerous professional organizations, including the ASPMN®, American Pain Society, the International Association for the Study of Pain, and the International Association for Pain and Chemical Dependency (advisory board), among others. She is on the editorial board of the *Journal of Addictions Nursing*, *Advances in Pain Management*, and *Journal of Pain and Symptom Management*. In addition she consults, gives invited lectures, and has authored multiple publications on opioid-induced hyperalgesia, addiction in the chronic pain patient and pain management for the patient with addictive disease.

JEAN GUYEVAN LECTURER



Barbara Reed, MN, RN-BC, GNP

Barbara Reed received her Bachelor's degree in Nursing, Master's degree in Nursing, and a Gerontological Nurse Practitioner Certificate from the Nell Hodgson Woodruff School of Nursing at Emory University. She was certified through the American Nurses' Association as a Gerontological

Nurse Practitioner from 1979 to 2002. She is currently certified through the American Nurses Credentialing Center (ANCC) as a Board Certified Pain Management Nurse.

Barbara was the first Clinical Nurse Specialist in Pain Management at Emory University Hospital in Atlanta, Georgia, and developed standards, policies and procedures related to the management of acute, chronic and cancer pain at that institution. She has done clinical research, published articles and textbook chapters in the area of pain management, and was a co-founder of The American Society of Pain Management Nurses in 1990.

She is a member of the American Geriatrics Society, Sigma Theta Tau, American Nurses Association, and the International Association for the Study of Pain. Barbara served as Co-chairperson for the Georgia Cancer Pain Initiative from 1998 to 2002 and has been listed in Who's Who in American Nursing since 1988.

She served on the Editorial Board of *Pain Management Nursing* from its inception until 2011 and was a reviewer for the *Core Curriculum for Pain Management Nursing* published by the American Society of Pain Management Nurses in 2002, and the *Guideline for the Management of Pain in Osteoarthritis, Rheumatoid Arthritis and Juvenile Chronic Arthritis* published by the American Pain Society in 2002.

Barbara makes presentations locally and nationally on the topic of pain management. She is currently an independent Pain Management Specialist in Atlanta, Georgia, and a Patient Family Advisor with the Emory Healthcare System in Atlanta, Georgia.

CLOSING KEYNOTE SPEAKER



**Barbara J. St. Marie, PhDc,
MA, RN-BC, CS, ANP, GNP**

Barbara St. Marie is a certified adult and gerontology nurse practitioner and certified in pain management nursing through the American Nurses

Credentialing Center (ANCC). Barbara is also CENAPSA-certified in addiction-free pain management. She is a graduate of Gustavus Adolphus College in St. Peter, Minnesota. Barbara has a Master's degree in education from the University of St. Thomas in St. Paul, a Master's degree in nursing from the College of St. Catherine's in St. Paul and is a PhD candidate in nursing at the University of Wisconsin, Milwaukee. She has worked in pain management nursing for 31 years and has extensively published in the areas of coexisting chemical dependency and pain, pain assessment, pain management in the geriatric patient and epidural and intrathecal analgesia. She is the editor of the first and second editions of the *Core Curriculum for Pain Management Nursing*. She recently served as reviewer of a treatment improvement protocol entitled, "Managing Chronic Pain in People with or in Recovery from Substance Use Disorders" requested by the Federal Center for Substance Abuse Treatment, and produced by the Substance Abuse and Mental Health Services Administration (SAMHSA). She speaks throughout the world on issues of pain management nursing. Currently, Barbara's doctoral dissertation topic and area of research is the coexistence of addiction and pain. She currently is the supervisor of pain and palliative care at Fairview Ridges Hospital in Burnsville, Minnesota.

Schedule of Events

TUESDAY, SEPTEMBER 6, 2011

4:00 p.m. – 7:00 p.m.

Registration

CE Vs. Non-CE Symposia

The majority of the meals at the ASPMN® National Conference are provided by corporate supporters in the form of either a CE or a non-CE symposium. As the name indicates, you receive contact hours for attendance at the CE symposia. These could be considered general sessions that provide educational content in pain management nursing.

Non-CE events are typically “product theaters” in that the supporter has a new product coming out or new uses for an existing product. The purpose is to provide that information to you. Continuing education is NOT provided for these types of presentations.

WEDNESDAY, SEPTEMBER 7, 2011

7:00 a.m. – 5:00 p.m.

Registration

7:00 a.m. – 8:00 a.m.

Continental Breakfast

For the purposes of this meeting, advanced and basic sessions are defined below to help you decide which sessions are most appropriate for you.

Basic sessions are designed for the less experienced nurse, regardless of educational degree, providing information for entry into or a beginning level of pain management nursing. This does not imply that the information may not be appropriate for a wide variety of interest levels.

Advanced sessions contain information on topics that may be considered advanced as the content is from a specialty area, deals with complex information and/or reflects content for the more experienced nurse. This does not imply that these sessions are for advanced practice nurses only and may be suitable for a wide variety of interest levels.

PRE-CONFERENCE WORKSHOPS

TIME	LEVEL	PRESENTATION
8:00 a.m. – 5:00 p.m.	Advanced	<p>Workshop 1: ASPMN® Pain Management Certification Preparation Course™</p> <p>This course will cover basic physiology of pain, assessment of pain, pharmacologic, non-pharmacologic and interventional management of pain across the lifespan. The information in this course follows the exam content outline created by the Content Expert Panel for ANCC and was compiled by members of the ASPMN®.</p> <p>Speakers: Mary Milano Carter, MSN, RN-BC, APRN-BC, North American Partners in Pain Management, Glen Head, NY; Renee Manworren, PhD, APRN, PCNS-BC, Connecticut Children’s Medical Center/University of Connecticut School of Medicine, Hartford, CT; Janette Elliott, MSN, RN-BC, AOCN, CNS, DVAHCS Palo Alto, Sunnyvale, CA; Lora McGuire, MS, RN-BC, Joliet Junior College, Joliet, IL; Carol Curtiss, MSN, RN-BC, Curtiss Consulting, Greenfield, MA; Maureen Cooney, DNP, FNP, RN-BC, Westchester Medical Center, Croton, NY</p>
8:00 a.m. – 5:00 p.m.	Advanced	<p>Workshop 2: “Blocking” the Pain: Regional Analgesia Workshop</p> <p>This is a full-day workshop for nurses in the pre-, peri- and post-operative setting. The following evidence-based practices will be discussed in-depth:</p> <ul style="list-style-type: none"> When regional blocks and continuous infusions are appropriate Nursing implications Anticoagulation therapy Pharmacology of analgesics Tracking quality and outcome data <p>Speakers: John Rowlingson, MD, University of Virginia, School of Medicine, Charlottesville, VA; Ashley Shilling, MD, University of Virginia, Charlottesville, VA; Jeffery Ciucias, MHA, BSN, RN, University of Virginia Hospitals, Charlottesville, VA; Stephen P. Morton, BSN, RN, University of Virginia Hospital, Charlottesville, VA; Nancy Eksterowicz, MSN, RN, University of Virginia Hospital, Charlottesville, VA</p>
8:00 a.m. – 5:00 p.m.	Advanced	<p>Workshop 3: Advanced Pharmacology</p> <p>Pain management nursing has advanced its practice by leaps and bounds. We no longer assume that pain management is simple, algorithmic or anecdotal. We now advance into evidence-based practice that is based on neurophysiological research. In order to continue to bring pain management nursing into the 21st century, we must think in terms of pain pathway and multimodal approaches to pain. This workshop is focused for the seasoned nurse in pain management, who is thinking about the depth of a person’s individualized pain and how best to treat the etiology of the pain rather than placing a mask over it.</p> <p>Speakers: Barbara St. Marie, PhD, MA, RN-BC, CS, ANP, GNP, Fairview Ridges Hospital, Burnsville, MN; Linda Vanni, MSN, RN, ACNS-BC, NP, Huntington Woods, MI</p>

Schedule of Events

8:00 a.m. – 5:00 p.m.	Basic	<p>Workshop 4: Geriatric Pain Management Course</p> <p>This course provides the learner with an in-depth review of concepts relevant to effective nursing management of the older adult who is experiencing or may experience pain. The workshop addresses the epidemiology of pain, common painful conditions, assessment of pain and treatment of pain in the older adult. Barriers to effective pain management and advocacy for the older adult with pain are included in this workshop.</p> <p>Speakers: Debra Drew, MS, RN-BC, ACNS-BC, University of Minnesota Medical Center-Fairview, Minneapolis, MN; Mary Milano Carter, MSN, RN-BC, APRN-BC, North American Partners in Pain Management, Glen Head, NY; Patricia Bruckenthal, PhD, RN, ANP, Stony Brook University School of Nursing, North Port, NY; Carol Curtiss, MSN, RN-BC, Curtiss Consulting, Greenfield, MA; Bonnie Morgan, MA, RN, CHPN, Hospice of the Valley, Phoenix, AZ</p>
8:00 a.m. – 12:00 p.m.	Basic	<p>Workshop 5: The Use of Medicinal Cannabis for Chronic Pain</p> <p>The presenter will provide a brief history of the use of cannabis in the management of chronic pain, case studies of patients using cannabis for the management of chronic pain and research related to the use of cannabis in pain management. Emerging research on the endocannabinoid system (ECS) that helps explain how and why cannabis is effective will be discussed, as well as the difference between whole cannabis and Marinol (synthetic THC). Finally, the current state and federal laws that relate to the use of this medicine will be discussed.</p> <p>Speaker: Mary Lynn Mathre, RN, MS, CARN, Patients Out of Time, Howardsville, VA</p>
8:00 a.m. – 12:00 p.m.	Advanced	<p>Workshop 6: The Medicine Walk: Integrating Indigenous Wisdom into Pain Management Nursing</p> <p>The Medicine Walk uses the Indigenous people's teaching that the natural world is a gateway into understanding our rich inner world. Nature's messages are metaphorical and symbolic, a doorway to greater insight into the nature of our strengths and stressors. In this workshop, participants will learn to use The Medicine Walk as a therapeutic tool guiding oneself/patients from inner and outer turmoil of pain management to accessing inner resources and transformation. Participants will develop and refine their skills of advanced reflective listening, mirroring another's experience through story, and apply The Medicine Walk into health care practice and personal life.</p> <p>Speaker: Jacqueline D. Levin, MS, RN, HNC-A, CHTP, Jefferson Healthcare, Port Townsend, WA</p>
<p>12:00 p.m. – 1:00 p.m. Lunch Break: Boxed lunch available for purchase (see registration form for pricing and registration). Boxed lunch includes: turkey wrap, chips, fresh whole fruit, chocolate chip cookie and soda or water.</p>		
1:00 p.m. – 5:00 p.m.	Advanced	<p>Workshop 7: Pediatric Pain Assessment & Approaches to Pain Management</p> <p>This workshop will offer a wide range of information regarding pediatric pain management to enhance nurses' tool boxes while caring for infants, children, adolescents and their families. The presenters will review the development, validation and translation into practice of the FLACC behavioral pain assessment tool. A review of the current literature on long-term dexmedetomidine infusions in PICU sedation will be presented along with a discussion on the issues of withdrawal from dexmedetomidine. The workshop will also include current statistics about the dangers of prescription drug misuse in children and adolescents along with a discussion on tips for parents talking with their teens regarding prescription medications abuse. The workshop will conclude with a presentation reviewing how personality disordered parents (PDP) add a layer of complexity to the child's care requiring a unified, communicative and psychologically-aware health care team.</p> <p>Speakers: Sandra I. Merkel, MS, RN-BC, University of Michigan Health System - CS Mott Children's Hospital, Ann Arbor, MI; Teri Reyburn-Orne, MSN, RN, PNP-BC, CPMN, Banner Children's Hospital, Phoenix, AZ; Lauren Renner, MS, RN, PNP, Nationwide Children's Hospital, Columbus, OH; Sharon Wrona, MS, RN-BC, CNP, Comprehensive Pain Service, Nationwide Children's Hospital, Columbus, OH; Michael Harris, PhD, Oregon Health and Science University, Portland, OR</p>
1:00 p.m. – 5:00 p.m.	Basic	<p>Workshop 8: Sickle Cell Disease: Why Is It So Hard to Manage?</p> <p>Sickle cell disease (SCD) is a genetic abnormality of hemoglobin. It is the most common hemoglobinopathy in the U.S. (affecting approximately 80,000 Americans). The presenters will describe the challenges in managing persons with SCD. Treating and managing pain, long-term opioid therapy and disease progression in patients with SCD present new opportunities to pain management and addiction nurses. Understanding the pathophysiology that contributes to acute and chronic SCD pain syndromes will enhance the nurses' ability to assess pain and manage and improve patient outcomes.</p> <p>Speakers: Katie Bond, MPA, RN-BC, Banner Good Samaritan Medical Center, Phoenix, AZ; S. Gayle Marble, BSN, RN, OCN, Banner Good Samaritan Medical Center, Phoenix, AZ</p>

5:00 p.m. – 5:30 p.m.

New Member/Attendee Orientation

5:00 p.m. – 6:30 p.m.

Dinner on Your Own

6:30 p.m. – 8:30 p.m.

Welcome Reception in the Exhibit Hall/Silent Auction Opening



THURSDAY, SEPTEMBER 8, 2011

6:00 a.m. – 7:00 a.m. **Fifth Annual Walk 2011**

This year ASPMN® is partnering with IntNSA on its 5th Annual Walk. The walk will depart at 6:00 a.m. sharp. More details on where to meet will be provided at the conference.

NOTE: This event is included in your registration fee, but it is necessary for you to register if you would like to participate. T-shirts will be available to purchase on a first-come, first-served basis and must be ordered by August 1. A limited quantity of t-shirts will be available to purchase on-site. The cost of the t-shirt is \$20 for S-XL and \$22.50 for XXL. All proceeds from the sale of t-shirts are provided to the Foundation for Addictions Nursing (FAN).

This walk is led by a Saguaro National Park staff member and will be a two-mile walk in part of the park that is adjacent to the hotel. Participants can take part in all or part of the walk.

7:00 a.m. – 5:00 p.m. **Registration**

7:00 a.m. – 8:30 a.m. **BREAKFAST SYMPOSIUM**

8:30 a.m. – 8:45 a.m. **Welcome & Opening Remarks**

Ann Schreier, PhD, RN, Associate Professor, ECU School of Nursing, Greenville, NC, ASPMN® President; Deborah S. Finnell, DNS, PMHNP-BC, CARN-AP, Assistant Professor, SUNY at Buffalo, East Amherst, NY, IntNSA President

8:45 a.m. – 9:45 a.m. **Keynote Address: Treating Chronic Pain with Prescription Opioids in the Substance Abuser: Relapse Prevention & Management**

Peggy Compton, RN, PhD, FAAN, Professor, Associate Dean of Academic Affairs, UCLA School of Nursing, Los Angeles, CA

A history of substance abuse or addiction is a primary predictor of problematic medication use in chronic pain patients. Thus, in treating these patients, the charge of the clinician becomes that of relapse prevention. Strategies for preventing, identifying and managing relapse in this uniquely vulnerable group of pain patients will be presented, with an emphasis on framing relapse as an exacerbation of addictive disease, and not grounds for discharge from pain treatment.

9:45 a.m. – 10:30 a.m. **Break in the Exhibit Hall** Silent Auction Items & Posters Available

10:30 a.m. – 11:30 a.m.

ASPMN® Task Force for Pain Assessment in the Non-Verbal Person: Position Statement Update & Discussion

Keela A. Herr, PhD, RN, FAAN, Professor and Chair, The University of Iowa College of Nursing, Iowa City, IA; Sandra I. Merkel, MS, RN-BC, Clinical Nurse Specialist, University of Michigan Health System - CS Mott Children's Hospital, Ann Arbor, MI; Renee Manworen, PhD, APRN, PCNS-BC, Connecticut Children's Medical Center/University of Connecticut School of Medicine, Hartford, CT

The presenters will describe the work of the ASPMN® Task Force in updating the 2006 ASPMN® *Pain Assessment in the Non-verbal Patient: Position Statement with Clinical Practice Recommendations*. In addition to highlighting key recommendations for practice, task force members will address issues related to recognition and assessment of pain in selected vulnerable populations who are unable to provide self-report, including persons with advanced dementia, those at end-of-life, infants and preverbal toddlers, individuals with intellectual disabilities and those who are intubated and unconscious.

11:35 a.m. – 12:35 p.m.

Demystifying The Joint Commission Requirements

Paul Arnstein, RN, PhD, FAAN, Clinical Nurse Specialist for Pain Relief, Massachusetts General Hospital, Boston, MA

In 2000, The Joint Commission started holding organizations accountable for the assessment, management and improvements in pain-related services. Many thought this would lead to improvements in care. Instead, new layers of systems barriers have been introduced, and related nursing care has been constrained instead of supported.

Often these changes are made because of misinterpretations of what these standards require. Paul Arnstein, an ASPMN®-appointed liaison to The Joint Commission, will clarify the standards and distinguish myth from fact about what is required while sharing effective strategies for success.

12:45 p.m. – 2:15 p.m. **LUNCH SYMPOSIUM**

2:20 p.m. – 3:20 p.m.

Jean Guveyan Lecture: The Role of Patient Family Advisors in Transforming Care

Supported by an educational grant from Purdue Pharma L.P.

Barbara Reed, MN, RN-BC, GNP, Independent Pain Management Specialist, Patient Family Advisor, Emory Healthcare System, Atlanta, GA

In an effort to improve health care quality and safety, health care leaders today increasingly realize the importance of including a perspective too long missing from the health care equation: the perspective of patients and families. The experience of care, as perceived by the patient and family, is a key factor in health care quality and safety. With the introduction of new partnerships, interdisciplinary collaboration, and a new Care Transformation Model, which includes working with patients, families, physicians and all other departments, Emory Healthcare of Atlanta, Georgia, is defining its Care Transformation Journey. The role of Patient Family Advisors has proven to be integral to the success of this challenge to improve patient care.

3:25 p.m. – 4:25 p.m. **BUSINESS MEETING** All attendees invited

4:30 p.m. – 5:30 p.m. **Poster Session**

4:30 p.m. – 5:30 p.m. **Break in the Exhibit Hall/Silent Auction**

5:30 p.m. – 6:15 p.m. **Certification Reception** All Certified Pain Management Nurses invited

6:30 p.m. – 8:30 p.m.

CE DINNER SYMPOSIUM: *Supported by an educational grant from PriCara®, Division of Ortho-McNeil-Janssen Pharmaceuticals, Inc.*

War on Pain: Improving Pain Care for Combat-Injured Military Personnel & Veterans from OEF & OIF Conflicts

Rosemary C. Polomano, RN, PhD, FAAN, Associate Professor of Pain Practice, University of Pennsylvania School of Nursing, Associate Professor of Anesthesiology and Critical Care, University of Pennsylvania School of Medicine, Philadelphia, PA; Rollin M. Gallagher, MD, MPH, Deputy National Program Director, Pain Management, Veterans Affairs Health System, Philadelphia Veteran Affairs Medical Center, Clinical Professor of Psychiatry, Anesthesiology and Critical Care, Director for Pain Policy Research and Primary Care, Penn Pain Medicine, University of Pennsylvania School of Medicine, Philadelphia, PA; Chester C. Buckenmaier III, MD, Chief, Defense and Veterans Pain Management Initiative, Walter Reed Army Medical Center, Associate Professor, Uniformed Services, University of the Health Sciences, Washington, DC; Kevin T. Galloway, Colonel, U.S. Army Nurse Corps, Chief of Staff, Army Pain Management Task Force, HQDA, Office of The Surgeon General, Alexandria, VA

Pain is a leading cause of disability among veterans, and acute and chronic pains afflict both military personnel and veterans in proportions far exceeding the general population. Characteristics of modern warfare produce serious, but survivable, injuries to the central and peripheral nervous systems, inflicting terrible acute pain and leading to chronic pain in many cases. Adequate pain management is a crucial component to improving military and veteran health care. A growing number of wounded veterans are experiencing chronic pain, which, if inadequately treated, can have lifelong consequences. Advances in battlefield medicine are saving the lives of service men and women who might otherwise have died after traumatic injuries. However, once veterans are out of immediate danger, they often face prolonged periods of recovery and rehabilitation marked by frustration and pain. There are nearly 700,000 veterans fighting in Iraq and Afghanistan; among those veterans, 200,000 are already receiving care at Department of Veterans Affairs facilities.

The goal of this educational initiative is to support the improvement of pain care services for military and veteran populations by providing physicians and nurses with the latest research and best practices in pain management.

FRIDAY, SEPTEMBER 9, 2011

6:00 a.m. – 7:00 a.m. **Fifth Annual Walk 2011** The walk will depart at 6:00 a.m. sharp. See page 7 for more details.

7:00 a.m. – 5:00 p.m. **Registration**

7:00 a.m. – 8:30 a.m. **NON-CE BREAKFAST SYMPOSIUM:** *Supported by Purdue Pharma L.P.*
Opioid Analgesic Treatment Options for Moderate to Severe Chronic Pain
B. Eliot Cole, MD, MPA, Medical Director, Shoals Hospital Senior Care Center, Muscle Shoals, AL

Join your colleagues for this informative Purdue Symposium, Opioid Analgesic Treatment Options for Moderate to Severe Chronic Pain. Dr. Cole will discuss considerations for the appropriate use and prescribing of selected opioids in the management of moderate to severe chronic pain in patients requiring a continuous, around-the-clock opioid analgesic for an extended period of time. This is a promotional event. CE credit will not be available. Full Prescribing Information, including Boxed Warnings, will be distributed and discussed at this event. The Symposium is supported through an unrestricted grant by Purdue Pharma L.P. in accordance with ASPMN policy.

LEVEL	CONCURRENT SESSION 1 8:45 a.m. – 9:45 a.m.	SPEAKER
Advanced	1A. To Test Or Not to Test for Cannabis for Pain Contracts Random drug screens are often included in pain agreements with chronic pain patients who are prescribed opioids. Cannabis (THC metabolites) is usually included in the drug screen panel. The presenter will provide the scientific, legal and ethical issues involved with testing for cannabis use among chronic pain patients. Should cannabis be omitted from the screening panel? Should a positive screen for cannabis result in a breach of contract and the discontinuation of opioids or discharge from the clinic? Hear all sides of the controversy to ensure you support the best interests of your patients.	<i>Mary Lynn Mathre, RN, MS, CARN, Patients Out of Time, Howardsville, VA</i>
Advanced	1B. Co-Occurring Chronic Pain & PTSD: Shared Vulnerability & Mutual Maintenance The high rate of comorbidity between chronic pain and post-traumatic stress disorder (PTSD) is well recognized; however, the underlying mechanisms that drive this relationship remain unclear. This presentation will focus on current theories explaining the development and mutual maintenance of these conditions along with central sensitization as it contributes to symptom progression. Co-occurring substance abuse and addiction, stemming from efforts to self-medicate pain and distressing psychological symptoms will also be addressed. Evidence-based interventions aimed at protecting against the development of this cycle will be discussed from both a psychological and medical standpoint.	<i>Alicia N. Haag, RN, FNP-C, Children's Medical Center-Dallas, Dallas, TX; Gretchen Noble, PsyD, Children's Medical Center-Dallas, Dallas, TX</i>
Basic	1C. Safety Monitoring of Prescription Opioids Leading to Better Clinical Outcomes The presenter will discuss the state of pain and prescription drug abuse in our country. The focus is on risk management for resistered nurses and nurse practitioners who care for pain management patients, with an emphasis on urine drug toxicology. This information should not be considered legal advice or interpretations of the law; it is for informational purposes only.	<i>Susan Pendergrass, MSN, MEd, FNP-BC, Independent Consultant/Educator, Columbia, MO; Donna Sipos Cox, MSN, RN-BC, CCRC, Winthrop Pain Management, Mineola, NY</i>
Basic	1D. Mindfulness Meditation: A Practice for Yourself, A Teaching for Your Patients Give a man a fish; you have fed him for today. Teach a man to fish; and he feeds himself and others for a lifetime. Mindfulness Meditation Practice is a cornerstone of integrative and holistic approaches to stress, pain and addiction treatment programs helping patients transform their inner chaos of anxiety, pain flares and impulsive behaviors into a sense of greater inner calm, jurisdiction and balance. The presenter will teach the basics of mindfulness meditation as well as methods to use and teach patients during conversations, education and procedures. Participants receive written, audio support and a bibliography on the latest research.	<i>Jacqueline D. Levin, MS, RN, HNC-A, CHTP, Jefferson Healthcare, Port Townsend, WA</i>
Basic	1E. Monitoring Over-Sedation in Adult & Pediatric Patients Receiving Opioids for Pain Management The presenters will provide an overview of an evidence-based project initiated to prevent over-sedation and respiratory depression through initiation of the Pasero Opioid-Induced Sedation Scale and a thorough respiratory assessment. Implementation occurred on adult and pediatric general care units in a large academic medical center. Over-sedation events in patients of all ages within our institution and across the country, as well as published recommendations and literature, provided the stimulus for this quality and safety improvement effort.	<i>Grace Matthews, RN-BC, MSN, University of Iowa Hospitals and Clinics, Iowa City, IA; Debra Bruene, RN-BC, MA, University of Iowa Hospitals and Clinics, Iowa City, IA; Michele Farrington, BSN, RN, CPHON, University of Iowa Hospitals and Clinics, Iowa City, IA; Renee Gould, RN-BC, MS, University of Iowa Hospitals and Clinics, Iowa City, IA; Anne Smith, RN, MSN, University of Iowa Hospitals and Clinics, Iowa City, IA</i>
Research	1F. Patient Attributes Influencing Pain & Pain Management in Post-Operative Total Knee Arthroplasty Patients Optimal pain management for patients who undergo total knee arthroplasty depends on individual patient attributes. The presenter will identify which attributes contribute to pain intensity, opioid consumption and the patient's comfort goal attainment. Essential information about conducting pain research based on data from an electronic health record will also be presented.	<i>Deborah L. Gentile, PhD, RN-BC, Aurora Healthcare, Milwaukee, WI</i>

9:45 a.m. – 10:45 a.m. Break in Exhibit Hall/Silent Auction/Poster Abstract Viewing

LEVEL	CONCURRENT SESSION 2 10:45 A.M. – 11:45 A.M.	SPEAKER
Advanced	2A. Epidural Steroid Injections: A Review of the Recent Literature Epidural steroid injections are frequently used in pain management. The presenter will review the findings from recent literature on evidence-based practice, the use of different medications, techniques of delivery, potential pitfalls with regards to thromboprophylaxis, and management of complications.	<i>Janette Elliott, MSN, RN-BC, AOCN, CNS, DVAHCS Palo Alto, Sunnyvale, CA</i>
Basic	2B. Reducing Opioid-Induced Over-Sedation Using the Pasero Opioid-Induced Sedation Scale All patients receiving opioids for pain management are at risk for sedation, which may progress to over-sedation and lead to clinically significant opioid-induced respiratory depression. Nurses have a critical role in the prevention of opioid-induced respiratory depression through the early recognition of changes in alertness and arousability that indicate progressively increasing sedation. The presenter will describe the process that one hospital used to decrease opioid-induced over-sedation and respiratory depression using the Pasero Opioid-Induced Sedation Scale.	<i>Susan J. Dempsey, RN-BC, MN, CNS, Sharp HealthCare, San Diego, CA</i>
Basic	2C. Jeopardy: The Pain Game The presenter will show participants a fun way to review and assess pain management knowledge using the Jeopardy game format. Five categories are presented: Definitions, Pain Physiology, Pain Medications, Potpourri and Medication Side Effects. Each category has five answers for a total of 25 answers. Participants are given an answer and must give the correct question. Those attending the presentation will be divided into two (or more) teams to compete against each other and collect points for correct "questions." Of course, there is a final Jeopardy answer and each team will be asked to wager a portion of its points to win.	<i>Marsha Farrell, BSN, RN-BC, CHPN, Hospice Family Care, Huntsville, AL</i>
Advanced	2D. Biofeedback: An Innovative & Interactive Treatment Modality Biofeedback continues to gain increasing attention within the field of pain management and has shown promising results among both pediatric and adult populations. Biofeedback techniques are based on the premise of the mind-body connection and rely on the ability of mental and emotional processes to influence physiological functioning. Patients can learn to make involuntary physical processes (e.g., heartbeat, muscle tension, temperature) responsive to purposeful manipulation. The presenter will provide an overview of biofeedback and will discuss the target populations who may be most receptive to this intervention. Considerations related to program development will also be reviewed.	<i>Gretchen Noble, PsyD, Children's Medical Center-Dallas, Dallas, TX</i>
Basic	2E. Making Needlesticks & Procedures Less Painful for Children Needlesticks cause a child short-term suffering and anxiety, but can also influence future experiences of pain. An individualized Poke Plan is an innovative program that can increase comfort, coping skills and patient/family satisfaction with needlestick and procedural pain. The plan includes patient choices, comfort positions, distraction, parents as coaches as well as drugs and devices. The presenter will include information on creating a team, using change champions, integrating evidence and quality improvement processes for inpatient as well as outpatient settings.	<i>Sandra I. Merkel, MS, RN-BC, University of Michigan Health System - CS Mott Children's Hospital, Ann Arbor, MI</i>
Research	2F. Evaluation of Nurse Alarm Notification Systems (NANS) for Post-Operative Patients Receiving Opioids Via Patient-Controlled Analgesia Patient safety in general care areas may be compromised due to patient complexity, aggressive pain management practices, high nurse-to-patient ratio, and inadequate alarm notification systems. To improve patient safety, the University of Michigan implemented a monitoring policy for adult patients receiving patient-controlled analgesia (PCA) or epidural opioids. This research evaluated the efficacy of the nurse alarm notification system (NANS) and timely nursing response to monitor alarms in relation to clinical events (i.e., oxygen desaturation).	<i>Mary Lynn Parker, MS, RN, University of Michigan Health System, Ann Arbor, MI</i>

12:00 p.m. – 1:30 p.m.

NON-CE LUNCH SYMPOSIUM: *Supported by NeuroGesX*

Management of Postherpetic Neuralgia (PHN): Understanding Localized Treatment & Its Role in Clinical Practice

Wendy Wright, MS, RN, ARNP, FNP, FAANP, Wright & Associates Family Health Care, PLLC, Amherst, NH; Mary Milano Carter, MSN, RN-BC, APRN-BC, North American Partners in Pain Management, Glen Head, NY

Postherpetic neuralgia (PHN) is a highly prevalent condition that causes pain and undermines patients' quality of life. The presenters will review the magnitude of the problem and discuss the role of the first and only FDA-approved prescription strength capsaicin treatment for PHN. The faculty will review the most recent clinical data for this prescription strength, localized treatment and discuss the practical management of patients with PHN.

Schedule of Events

LEVEL	CONCURRENT SESSION 3 1:40 p.m. – 2:40 p.m.	SPEAKER
Basic	3A. Epidural Pain Management Administering analgesics into the epidural space is a safe and effective mode of analgesia especially for postoperative patients. However, adverse effects and complications can occur and can be life threatening. The presenter will provide nurses with the knowledge of how to identify potentially harmful effects of the medications as well as catheter-related complications while allowing the patient to enjoy the multiple benefits of adequate analgesia postoperatively.	<i>Irene Zamora, MSN, RN-BC, CNS, University of New Mexico Hospital, Albuquerque, NM</i>
Advanced	3B. Nurses Role in Buprenorphine Treatment Utilizing TAP 30 The presenter will highlight the addiction management skills of nurses, and promote a mutually respectful team environment in which nurses and physicians collaboratively work to improve the care provided to opioid-addicted individuals, including assessment, induction, stabilization, maintenance, monitoring, addiction counseling and relapse prevention services. This session will cover the pharmacologic treatment of opioid addiction, screening, assessment, diagnosing and understanding of opioid dependence and addiction, various clinical scenarios, including co-occurring pain, surgery, psychiatric disorders, pregnancy and the disease of addiction and the role of the nurse.	<i>Colleen T. LaBelle, RN, CARN, Boston University Medical Center, Boston, MA</i>
Basic	3C. Reform & Innovation: The Conceptual Approach to Teaching Pain Management Teaching students and professional nurses to think critically is an important component of nursing education and staff development. The presenter proposes using a conceptual approach to teach concepts related to pain management instead of focusing on content alone. Various complex concepts related to pain management will be explored and applied in various situations via case studies, concept mapping and other formats. Participants will explore a way of teaching that is supported by learning theory, which will improve students' and professional nurses' thinking and reasoning. Equip yourself with a different way of teaching the complex concepts related to pain management.	<i>Cathy L. Carlson, PhD, RN, CGRN, Northern Illinois University, DeKalb, IL</i>
Advanced	3D. Spoken Medicine: Therapeutic Suggestion & Imagery for Pain Relief & Relaxation Therapeutic suggestions and imagery for pain and anxiety management accesses our natural mind-body communication system – a constant flow of conscious and unconscious information between our thoughts and our neuronal systems. To increase patient comfort, the participant will learn to create simple and effective therapeutic images and suggestions as well as identify and reframe those that are not. Active integration of these non-pharmacological strategies with patients becomes a creative duet: mind and body, nurse and patient working together in multidimensional ways. Therapeutic suggestions and imagery can be applied across age groups, diverse cultural populations and used by the novice to expert nurse.	<i>Jacqueline D. Levin, MS, RN, HNGA, CHTP, Jefferson Healthcare, Port Townsend, WA</i>
Advanced	3E. The Challenges of Treating Children & Adolescents with Sickle Cell Pain The presenters will review current practices, including evidence-based practice, that focuses on several major issues surrounding treatment of pain in sickle cell patients. These topics include: Common psychosocial barriers to treatment; pharmacological treatment; the role of psychology, massage, PT and acupuncture in the treatment plan; and the flow and transition of the patient from an outpatient to inpatient setting.	<i>Sharon Wrona, MS, RN-BC, CNP, Nationwide Children's Hospital, Columbus, OH; Lauren Renner, MS, RN, PNP, Nationwide Children's Hospital, Columbus, OH</i>
Research	3F. Nurses' Attitudes toward Substance Abusers in Pain A grounded theory study examined attitudes of hospital nurses toward patients with addictive disorders and pain. A theory was developed based on the nurses' attitudes and how the differing attitudes affected the nurses' strategies of dealing with the pain of this population.	<i>Betty D. Morgan, PhD, MSN, RN, CS, University of Massachusetts Lowell, Lowell, MA</i>

2:40 p.m. – 3:30 p.m. Break in Exhibit Hall/Visit with Exhibitors/Poster Abstract Viewing

LEVEL	CONCURRENT SESSION 4 3:30 p.m. – 4:30 p.m.	SPEAKER
Advanced	4A. Managing Persistent Abdominal Pain: Three Case Studies Persistent abdominal pain is difficult to treat regardless of the underlying cause. Randomized, controlled trials on efficacy of pain medications for abdominal pain are limited. Recurrent abdominal pain is the cause of nearly 8% of emergency department visits annually. The presenter will provide an overview of the differential diagnoses of abdominal pain, focusing on pain management in three case studies of patients with interstitial cystitis, abdominal migraine with cyclic vomiting syndrome and idiopathic abdominal pain.	<i>Brenda M. Eden, MS, ACNS-BC, APN, Memorial SpineWorks Pain Center, Springfield, IL</i>
Basic	4B. Pain Recognition for the Critically Ill Patient Who Is Unable to Provide Self-Report Critically ill patients often are unable to report pain, and other methods must be used for pain recognition. Hospital guidelines direct the nurse to observe for behavioral and physiological indicators for the nonverbal/cognitively impaired patient. The Pain Assessment Hierarchy recommends searching for potential causes of pain as the next method if the patient is unable to provide self-report. The presenter will describe an evidence-based practice project to determine if searching for possible causes of pain through the evaluation of patient condition improves nurse recognition of pain as compared to observation of behavioral and physiological indicators.	<i>Susan J. Dempsey, RN-BC, MN, CNS, Sharp HealthCare, San Diego, CA</i>

Basic	<p>4C. Improving Pain Assessment & Management in Nursing Homes: A National Collaborative</p> <p>The presenter will provide an overview of highlights of the National Pain Collaborative, including addressing gaps in best practice tools, resources and products to assist nursing home staff to achieve the expectations of the process frameworks developed by the Advancing Excellence in America's Nursing Homes campaign and to provide quality pain care in nursing homes. Outcomes of the Pain Collaborative will be shared including contributions to the literature, updating of existing pain assessment resources and the launch of a web-based resource to share best practice tools and resources with nurses responsible for pain care in older adults in nursing homes (http://www.geriatricpain.org/pages/home.aspx).</p>	Keela A. Herr, PhD, RN, FAAN, The University of Iowa College of Nursing, Iowa City, IA
Advanced	<p>4D. Pulsed Radiofrequency Ablation: A Review of the Evidence</p> <p>Radiofrequency ablation (RFA) is a technique used to treat pain at different sites. Pulsed RFA is a modification of this procedure that is non-neurolytic. This is less used and less understood. The presenter will focus on pulsed RFA, comparing and contrasting this with neurolytic RFA with an emphasis on spinal pain.</p>	Janette Elliott, MSN, RN-BC, AOCN, CNS, DVAHCS Palo Alto, Sunnyvale, CA
Basic	<p>4E. Family Involvement: A Key Ingredient for Successful Rehabilitation in Adolescents with Chronic Pain</p> <p>This presentation highlights an outpatient program for adolescents with chronic pain. The three week program helps families change their focus from pain, back to living a normal lifestyle, which includes returning to school, extra-curricular activities and decreased medical utilization. Cognitive Behavioral Therapy is the basis by which teens learn physical reconditioning, relaxation, biofeedback and coping techniques. Intensive family programming teaches parents to demonstrate caring without focusing on symptoms. Outcome data on the first 150 adolescents treated in this program revealed that significant improvements are observed in physical functioning (FDI, CHQ-CF87), depression (CES-D), pain catastrophizing (PCS-C) and pain levels.</p>	Daniel L. Hansen, RN, Mayo Clinic, Rochester, MN; Matt Petersen, RN, Mayo Clinic, Rochester, MN
Research	<p>4F. Self-Care Practices Reported to Alleviate Phantom Limb Pain</p> <p>Phantom limb pain is difficult to treat, and traditional pain treatments are not always successful. This study describes personal accounts of self-care practices reported that have successfully alleviated phantom limb pain in persons with limb loss. A content analysis was performed, and the frequencies will be reported. As well as traditional medications, complementary and alternative practices will be described. Orem's self-care theory was incorporated into the interpretation of these data to illustrate how the results can translate into nursing practice.</p>	Cecile B. Evans, PhD, RN, FNP-BC, Boise State University, School of Nursing, Boise, ID

4:45 p.m. – 5:30 p.m.

Committee Meetings

5:30 p.m. – 6:15 p.m.

Chapter Meetings

6:30 p.m. - 8:30 p.m.

CE DINNER SYMPOSIUM: Supported by an educational grant from Archimedes Pharma
BTcP: A Comprehensive Review of the Challenges Associated with Patient Assessment and Effective Management

Expert faculty in the area of breakthrough cancer pain (BTcP) will lead a case-based interactive symposium examining this highly prevalent and undertreated condition. The symposium will use an "Ask, Discuss, Decide" format that combines faculty commentary with audience participation. Together, we will explore the pathophysiology, prevalence, and epidemiology of BTcP, as well as how to differentiate breakthrough pain from background pain. Using challenging patient cases, the faculty will discuss how the mechanisms of novel agents may improve patient care and how to determine optimal management strategies for patients with BTcP. This symposium offers 2.0 contact hours.

SATURDAY, SEPTEMBER 10, 2011

6:00 a.m. – 7:00 a.m.

Fifth Annual Walk 2011 The walk will depart at 6:00 a.m. sharp. See page 7 for more details.

7:00 a.m. – 5:00 p.m.

Registration

7:00 a.m. – 8:30 a.m.

NON-CE BREAKFAST SYMPOSIUM: Provided by Cadence Pharmaceuticals
Perioperative Pain Management: The Role of IV Acetaminophen
 Chris Pasero, MS, RN-BC, FAAN, Educator, Clinical Consultant, El Dorado Hills, CA

This non-CE symposium will provide an overview of multimodal analgesia and the role of IV acetaminophen in peri-operative pain management.

8:40 a.m. – 9:25 a.m.

Awards Ceremony

9:25 a.m. – 9:55 a.m.

Incoming Presidential Address

Joann M. Eland, PhD, RN, FAAN, Associate Professor, University of Iowa College of Nursing, Iowa City, IA, ASPMN® 2011-2012 President

9:55 a.m. – 10:15 a.m.

Break

Schedule of Events

LEVEL		CONCURRENT SESSION 5	SPEAKER
10:15 a.m. – 11:15 a.m.			
Basic	<p>5A. An Interventional, Multidisciplinary Approach to Chronic Pain Management: A Holistic Overview</p> <p>The outpatient center within Geisinger Health System uses a multidisciplinary approach in the treatment of chronic pain. An interventional/multidisciplinary approach is encouraged versus a medication-only approach. Typically limited opioids are ordered within the clinic. The philosophy is to explore other avenues of pain control before putting patients on prescription medications for pain treatment. Patient follow-up is an important aspect of this unique pain care management. A nurse navigator tailors patient care and reports results throughout the continuum of care. The team constantly re-evaluates patient results and alters treatment plans accordingly.</p>	<p>Amy R. Brigham, Geisinger Health System – Interventional Pain Center, Danville, PA; Marysusan Umbriac, RN, Geisinger Health System – Intervention Pain Center, Danville, PA</p>	
Basic	<p>5B. Complex Regional Pain Syndrome: A Case Study</p> <p>This is a case study of Complex Regional Pain Syndrome II (CRPS II) diagnosed in a community teaching hospital in a patient three weeks status post total hip repair. CRPS II is challenging to diagnose and treat. The patient’s treatment utilized interventional approaches as well as a multimodal medication approach during the 10-week, 4-day hospitalization. A team approach, including orthopedics, nursing, the acute pain service and physical therapy, was key to the patient’s ultimate recovery.</p>	<p>Mechele Fillman, RN, MSN, Exempla Saint Joseph Hospital, Denver, CO</p>	
Advanced	<p>5C. Pain in Alzheimer’s Disease Patients</p> <p>Currently Alzheimer’s disease (AD) impacts more than five million Americans. Nurses care for patients with this disease in many health care settings: hospitals, physician’s offices, skilled nursing facilities, hospices, etc. Are you ready to advocate for your patients with AD? The presenter will give a definition of pain, list three misconceptions of pain management in elderly, describe one research study showing patients with AD experience pain, use the Pain Assessment in Advanced Dementia (PAINAD) Scale, describe four age-related changes influencing analgesics and list two pain principles for giving analgesics to elderly patients.</p>	<p>Marsha Farrell, BSN, RN-BC, CHPN, Hospice Family Care, Huntsville, AL</p>	
Advanced	<p>5D. Acute Pain Management Using Infusion Devices in Difficult Populations</p> <p>For more than 20 years, patient-controlled analgesia (PCA) has been used to manage acute pain. PCA also has a place in cancer pain management. Guidelines for programming the pump have usually been based on the pharmacokinetics of the drug selected. The presenter will discuss alternative programming for optimal patient safety and efficacy. Discussions will include specialty patients such as extremities of age, as well as patients with co-existing diagnoses of anxiety, depression and/or substance abuse. Drug selection will incorporate information on the pharmacodynamics of select drugs, including morphine, hydromorphone, fentanyl and ketamine. Case studies will reinforce themes.</p>	<p>Diane Santangelo, ANP-C, Stony Brook University Medical Center, Stony Brook, NY</p>	
Advanced	<p>5E. Seeking Disease-Specific Certification from The Joint Commission</p> <p>The Joint Commission’s Disease-Specific Care Certification program recognizes disease management programs for superior quality. This certification is granted to programs that comply with the highest national standards for safety and quality of care, including evidence-based clinical practice guidelines, disease-specific measures and performance improvement processes. No chronic pain management program (adult or pediatric) has ever received this certification. This session will discuss the requirements, process and benefits of seeking Disease-Specific Care Certification.</p>	<p>Lynn M. Clark, MS, RN-BC, CPNP, Children’s Medical Center-Dallas, Dallas, TX; Britney J. Cox, MS, RN, CPNP, Children’s Medical Center-Dallas, Dallas, TX</p>	
Research	<p>5F. Multi-Year Pain Prevalence Studies: Key to Changing a Hospital’s Pain Management Culture & Practices?</p> <p>The presenter will describe the efforts of a group of local pain nursing experts at a tertiary care hospital to improve pain management outcomes. Despite efforts from safety and ethical perspectives to draw attention to poor pain management practices, little progress was made until the results of five consecutive years of pain prevalence studies were disseminated across the institution. The results of these studies will be presented, as will the organization’s evolving response to each year’s results and publications. Progress toward improving pain management will also be discussed.</p>	<p>Jason Sawyer, RN, MN, ACNP, Sunnybrook Health Sciences Center, Toronto, Ontario, Canada</p>	
LEVEL		CONCURRENT SESSION 6	SPEAKER
11:25 a.m. – 12:25 p.m.			
Advanced	<p>6A. The Role of NMDA Receptor Antagonist Drugs in the Acute Care Setting</p> <p>The presenter will discuss the role of the NMDA receptor in nociceptive impulse propagation, the link to learning and memory, neural development and neuroplasticity, acute and chronic pain, as well as opioid-induced hyperalgesia. A review of studies describing the usefulness of selected NMDA receptor antagonist drugs will be described. Clinical application of ketamine, methadone and other medications pertinent for the management of acute pain will be presented.</p>	<p>Christine H. Peltier, BSN, RN-BC, University of Minnesota Medical Center-Fairview, Minneapolis, MN; Debra Drew, MS, RN-BC, ACNS-BC, University of Minnesota Medical Center-Fairview, Minneapolis, MN</p>	
Basic	<p>6B. Comfort Champions Make a Difference in Pain Management</p> <p>Despite national guidelines, standards and position statements, implementing practice changes in pain assessment and management have been slow. Education and policy development alone will not change practice, rather diffusion based on evidence, action plans and evaluation is needed to implement and sustain changes. Implementing a nursing pain committee and unit champions to change nursing pain practices regarding pain reassessment, documentation, procedural pain, postoperative pain and opioid safety will be highlighted.</p>	<p>Sandra I. Merkel, MS, RN-BC, University of Michigan Health System - CS Mott Children’s Hospital, Ann Arbor, MI; Mary Lynn Parker, MS, RN, University of Michigan Health System, Ann Arbor, MI</p>	

Schedule of Events

Basic	<p>6C. Ban the 1-10 Scale: An Innovative Approach to Labor Pain</p> <p>The presenter will review the development and implementation of a pain assessment, documentation and management program that is unique to the laboring woman. Employment of evidenced-based care measures will be discussed. Utilization of the Coping With Labor Algorithm® has significant implications for changing clinical practice nationwide. The potential exists to create a paradigm shift by discontinuing use of the NRS and implementing the Coping Algorithm® in its place.</p>	<p><i>Leissa Ann Roberts, DNP, CNM, University of Utah College of Nursing, Salt Lake City, UT</i></p>
Advanced	<p>6D. The Pain of Addiction...Opioid-Induced Tolerance & Hyperalgesia</p> <p>Opioid-induced hypersensitivity (OIH) is a neurobiological and physiological phenomenon that occurs in patients who are receiving escalating doses of opiates. Evidence indicates that many pain patients on chronic opioid therapy become more sensitive to pain (hyperalgesia) over time; sometimes within a matter of months. Opiates are indispensable for the treatment of pain, but the idea that opiates are indispensable for all chronic pain syndromes can be challenged. Patients presenting with mild or moderate pain, a history or family history of drug abuse or a patient's refusal to try alternative approaches can be strong predictors of failed chronic opioid therapy.</p>	<p><i>Daniel J. Headrick, MD, Mission Pacific Coast Recovery Center – Mission Hospital, Laguna Beach, CA</i></p>
Advanced	<p>6E. Safely Monitoring Post-Operative Patients on a Medical/Surgical Unit Utilizing Continuous Cardiorespiratory Remote Monitoring</p> <p>Post-operative pain management with opioid medication increases risk for respiratory depression; therefore, patients are often sent to the ICU for monitoring. The presenter will demonstrate the effectiveness of continuous remote monitoring (capnometry or pulse oximetry) on a medical-surgical unit in preventing near-codes, codes and death in post-operative patients receiving opioid medication. Implementation, policies and education will be discussed.</p>	<p><i>Ann Holmes, RN, MS, Munson Medical Center, Traverse City, MI</i></p>
Research	<p>6F. Picture My Pain: Living with Chronic Pain & Poverty</p> <p>The presenter will provide attendees with the opportunity to visually see the world of chronic pain and poverty from the perspectives of our patients.</p>	<p><i>Jamie Crawley, PhD, RN, University of Windsor, Windsor, Ontario, Canada</i></p>

12:30 p.m. – 2:00 p.m.

LUNCH SYMPOSIUM

2:15 p.m. – 3:15 p.m.

Evidence-Based Chronic Pain Guidelines: Impact Upon Patient Safety, Clinical Outcome & Reimbursement

Dana Simon, MD, Mercy Hospital Center for Pain Medicine, Des Moines, IA

The presenter will discuss the necessity for and development of the evidence-based 2010 Practice Guidelines for Chronic Pain Management and the potential impact of these guidelines in patients with chronic or persistent pain. Discussion will include issues of clinical relevancy, utilization by providers and payors, as well as practical applications.

3:15 p.m. – 3:30 p.m.

BREAK

3:30 p.m. – 4:30 p.m.

Risk Evaluation Mitigation Strategy (REMS) Taskforce White Paper Report

Kathleen Broglio, ANP-BC, ACHPN, CPE, Nurse Practitioner, Pain Management, New York University School of Medicine, Bellevue Hospital Center, New York, NY; Dana Murphy-Parker, MS, PMHNP-BC, Director, Psychiatric/Mental Health Nurse Practitioner Program, University of Wyoming Fay W. Whitney School of Nursing, Laramie, WY; Nancy Eksterowicz, MSN, RN, Advanced Practice Nurse, University of Virginia Hospital, Charlottesville, VA; Laurie J. Ware, PhD, RN, CNL, Assistant Dean/Professor, University of West Georgia School of Nursing, Carrollton, GA

The Risk Evaluation Mitigation Strategy (REMS) Taskforce is a multi-organizational taskforce that was formed to develop a White Paper report regarding REMS for opioid therapy. The group is comprised of members from multiple organizations (ASPMN®, American Association of Nurse Anesthetists, American Academy of Nurse Practitioners, American Academy of Physician Assistants, Hospice and Palliative Nurses Association, IntNSA and the Oncology Nursing Society). The members met and collaborated through face-to-face meetings and conference calls to develop the paper on REMS. The presenters will summarize the findings and position of the taskforce.

4:35 p.m. – 5:35 p.m.

We Didn't Start the Fire, But We Are Carrying the Torch!

Barbara St. Marie, PhD, MA, RN-BC, CS, ANP, GNP, Fairview Ridges Hospital, Burnsville, MN

Having a collaboratively held national conference of IntNSA and ASPMN® is the responsible thing to do! Never before has it been more obvious that all nurses must embrace the challenge to overcome fear, stigma and knowledge deficits of treating pain in people with the disease of addiction. Both of our organizations are well positioned to work together now and in the future to impact patient care and social policy. We've identified the problems, now we must move forward to develop the solutions.

5:35 p.m. – 5:45 p.m.

Closing Remarks

Joann M. Eland, PhD, RN, FAAN, Associate Professor, University of Iowa College of Nursing, Iowa City, IA, ASPMN® 2011-2012 President; Deborah S. Finnell, DNS, PMHNP-BC, CARN-AP, Assistant Professor, SUNY at Buffalo, Buffalo, NY, IntNSA 2011-2012 President

5:45 p.m. – 7:30 p.m.

Dinner on Your Own

7:30 p.m. – 10:00 p.m.

ASPMN®/IntNSA Closing Party

Join us as we celebrate the closing of this year's conference! A great opportunity to enjoy new and old friends made through your involvement with ASPMN® and IntNSA as well as by attending this year's conference. The evening will be filled with snacks, fun, dancing and socializing.

TUESDAY, SEPTEMBER 6, 2011

4:00 p.m. – 7:00 p.m. **Registration**

WEDNESDAY, SEPTEMBER 7, 2011

ASPMN® Schedule	IntNSA Schedule
7:00 a.m. – 5:00 p.m. Registration	
7:00 a.m. – 8:00 a.m. Continental Breakfast	
8:00 a.m. – 5:00 p.m. Workshop 1: ASPMN® Pain Management Certification Preparation Course™	8:00 a.m. – 5:00 p.m. Workshop A: CARN & CARN-AP Review Course
8:00 a.m. – 5:00 p.m. Workshop 2: “Blocking” the Pain: Regional Analgesia Workshop	8:00 a.m. – 5:00 p.m. Workshop B: Trimorbidity: Pain, Addiction & Psychiatric Illness Assessment & Treatment of Patients with Complex Care Issues
8:00 a.m. – 5:00 p.m. Workshop 3: Advanced Pharmacology	
8:00 a.m. – 5:00 p.m. Workshop 4: Geriatric Pain Management Course	
8:00 a.m. – 12:00 p.m. Workshop 5: The Use of Medicinal Cannabis for Chronic Pain	8:00 a.m. – 12:00 p.m. Workshop C: Evidence-Based Practice: Learning the Basics
8:00 a.m. – 12:00 p.m. Workshop 6: The Medicine Walk: Integrating Indigenous Wisdom into Pain Management Nursing	8:00 a.m. – 12:00 p.m. Workshop D: Alcoholics Anonymous: What All Nurses Need to Know about 12-Step Recovery
	9:00 a.m. - 12:00 p.m. Workshop E: Chronic Versus Complicated Pain and Substance Use Disorder: Identifying and Unlocking the Perpetuating Factors and Treatment Strategies
12:00 p.m. – 1:00 p.m. Lunch Available for Purchase	
1:00 p.m. – 5:00 p.m. Workshop 7: Pediatric Pain Assessment & Approaches to Pain Management	1:00 p.m. – 5:00 p.m. Workshop F: Genomics: The Science of Discovery & Competencies for Addictions Nursing Practice
1:00 p.m. – 5:00 p.m. Workshop 8: Sickle Cell Disease: Why Is It So Hard to Manage?	
5:00 p.m. – 5:30 p.m. New Member/Attendee Orientation	
5:00 p.m. – 6:30 p.m. Dinner on Your Own	
6:30 p.m. – 8:30 p.m. Welcome Reception in the Exhibit Hall & Silent Auction	

THURSDAY, SEPTEMBER 8, 2011

ASPMN® Schedule	IntNSA Schedule
6:00 a.m. – 7:00 a.m. Walk	
7:00 a.m. – 5:00 p.m. Registration	
7:00 a.m. – 8:30 a.m. Breakfast Symposium	
8:30 a.m. – 8:45 a.m. Welcome & Opening Remarks	
8:45 a.m. – 9:45 a.m. Keynote Address: Treating Chronic Pain with Prescription Opioids in the Substance Abuser: Relapse Prevention & Management	
9:45 a.m. – 10:30 a.m. Break in Exhibit Hall/Silent Auction/Poster Viewing	

ASPMN® Schedule	IntNSA Schedule
10:30 a.m. – 11:30 a.m. ASPMN® Task Force for Pain Assessment in the Nonverbal Person: Position Statement Update & Discussion	CONCURRENT SESSIONS 10:30 a.m. – 12:30 p.m. A1-B1: Screening, Brief Interventions & Referral to Treatment for Non-Dependent Substance Use: A Small Investment with Large Returns 10:30 a.m. – 11:30 a.m. A2: Prescription & Over-the-Counter Drug Abuse: What’s Happening to Our Teens? A3: Recreating a Vision of Motherhood: Therapeutic Drug Court & the Narrative A4: Opioid-Induced Hyperalgesia: Implications for Pain & Addiction Treatment
11:35 a.m. – 12:35 p.m. Demystifying The Joint Commission Requirements	CONCURRENT SESSIONS 11:35 a.m. – 12:35 p.m. <i>Session B1 is a continuation of the A1-B1 presentation listed above.</i> B2: Overdose Prevention in an Opioid Treatment Program B3: Alcohol & Health Content in Baccalaureate Nursing Programs: A 24-Year Experience B4: Screening, Brief Intervention & Referral to Treatment (SBIRT) Applications in Pain Management
12:45 p.m. – 2:15 p.m. Lunch Symposium	
2:20 p.m. – 3:20 p.m. Jean Guveyan Lecture: The Role of Patient Family Advisors in Transforming Care <i>Supported by an educational grant from Purdue Pharma L.P.</i>	CONCURRENT SESSIONS 2:20 p.m. – 4:25 p.m. C1 & D1: Taming the Beast: Use of Cognitive Behavior Therapy (CBT) in Treatment of Co-Existing Disorders of Chronic Pain, Depression & Addiction 2:20 p.m. – 3:20 p.m. C2: Option for Treatment of Patients Who Inject Drugs & Have a Bacterial Infection C3: Trauma-Informed Interventions for Women with Co-Occurring Substance Use & Mental Health Disorders C4: Health Reform and the Behavioral Health Service System
3:25 p.m. – 4:25 p.m. Business Meeting – Everyone Is Invited!	CONCURRENT SESSIONS 3:25 p.m. – 4:25 p.m. <i>Session D1 is a continuation of the C1-D1 presentation listed above.</i> D2: Mindfulness Meditation Explained D3: Beyond the Mountains: Involving Nurses in Telemedicine-Supported Opioid Treatment in Rural Areas D4: Shifting the Focus of Addiction Treatment from an Acute to Chronic Care Model
4:30 p.m. – 5:30 p.m. Poster Session	
4:30 p.m. – 5:30 p.m. Break in the Exhibit Hall/ Silent Auction	
5:30 p.m. – 6:15 p.m. Certification Reception <i>All Certified Pain Management Nurses Invited</i>	6:30 p.m. – 9:00 p.m. Awards Dinner
6:30 p.m. – 8:30 p.m. CE Dinner Symposium: <i>Supported by an educational grant from PriCara®, Division of Ortho-McNeil-Janssen Pharmaceuticals, Inc.</i> War on Pain: Improving Pain Care for Combat-Injured Military Personnel & Veterans from OEF & OIF Conflicts	

ASPMN® Schedule	IntNSA Schedule
6:00 a.m. – 7:00 a.m. Walk	
7:00 a.m. – 5:00 p.m. Registration	
7:00 a.m. – 8:30 a.m. Non-CE Breakfast Symposium: <i>Supported by Purdue Pharma L.P.</i> Opioid Analgesic Treatment Options for Moderate to Severe Chronic Pain	7:00 a.m. – 8:30 a.m. Breakfast & Annual Business Meeting
CONCURRENT SESSIONS 8:45 a.m. – 9:45 a.m. 1A. To Test Or Not to Test for Cannabis for Pain Contracts 1B. Co-Occurring Chronic Pain & PTSD: Shared Vulnerability & Mutual Maintenance 1C. Safety Monitoring of Prescription Opioids Leading to Better Clinical Outcomes 1D. Mindfulness Meditation: A Practice for Yourself, A Teaching for Your Patients 1E. Monitoring Over-Sedation in Adult & Pediatric Patients Receiving Opioids for Pain Management 1F. Patient Attributes Influencing Pain & Pain Management in Post-Operative Total Knee Arthroplasty Patients	8:45 a.m. – 9:45 a.m. Women & Children & Substance Use Disorders
9:45 a.m. – 10:45 a.m. Break in the Exhibit Hall/Visit with Exhibitors/Poster Viewing	
CONCURRENT SESSIONS 10:45 a.m. – 11:45 a.m. 2A. Epidural Steroid Injections: A Review of the Recent Literature 2B. Reducing Opioid-Induced Over-Sedation Using the Pasero Opioid-Induced Sedation Scale 2C. Jeopardy: The Pain Game 2D. Biofeedback: An Innovative & Interactive Treatment Modality 2E. Making Needlesticks & Procedures Less Painful for Children 2F. Evaluation of Nurse Alarm Notification Systems (NANS) for Post-Operative Patients Receiving Opioids Via Patient-Controlled Analgesia	10:45 a.m. – 11:45 a.m. Exploring Current Theories on the Neurobiology of Addictions
12:00 p.m. – 1:30 p.m. Non-CE Lunch Symposium: Supported by NeuroGesX Management of Postherpetic Neuralgia (PHN): Understanding Localized Treatment & Its Role in Clinical Practice	
CONCURRENT SESSIONS 1:40 p.m. – 2:40 p.m. 3A. Epidural Pain Management 3B. Nurses Role in Buprenorphine Treatment Utilizing TAP 30 3C. Reform & Innovation: The Conceptual Approach to Teaching Pain Management 3D. Spoken Medicine: Therapeutic Suggestion & Imagery for Pain Relief & Relaxation 3E. The Challenges of Treating Children & Adolescents with Sickle Cell Pain 3F. Nurses' Attitudes Toward Substance Abusers in Pain	1:40 p.m. – 2:40 p.m. Eye Movement Desensitization & Reprocessing (EMDR): A Psychotherapeutic Approach for the Treatment of Trauma-Based Disorders
2:40 p.m. – 3:30 p.m. Break in Exhibit Hall/Visit with Exhibitors/Poster Viewing	
CONCURRENT SESSIONS 3:30 p.m. – 4:30 p.m. 4A. Managing Persistent Abdominal Pain: Three Case Studies 4B. Pain Recognition for the Critically Ill Patient Who Is Unable to Provide Self-Report 4C. Improving Pain Assessment & Management in Nursing Homes: A National Collaborative 4D. Pulsed Radiofrequency Ablation: A Review of the Evidence 4E. Family Involvement: A Key Ingredient for Successful Rehabilitation in Adolescents with Chronic Pain 4F. Self-Care Practices Reported to Alleviate Phantom Limb Pain	3:30 p.m. – 4:30 p.m. Drug Enforcement Agency Update
4:45 p.m. – 6:15 p.m. Committee Meetings/Chapter Meeting	
6:30 p.m. – 8:30 p.m. CE Dinner Symposium: <i>Supported by Archimedes Pharma</i>	

ASPMN® Schedule	IntNSA Schedule
6:00 a.m. – 7:00 a.m. Walk	
7:00 a.m. – 5:00 p.m. Registration	
7:00 a.m. – 8:30 a.m. Non-CE Breakfast Symposium: <i>Supported by Cadence Pharmaceuticals</i> Perioperative Pain Management: The Role of IV Acetaminophen	
8:40 a.m. – 9:25 a.m. Awards Ceremony 9:25 a.m. – 9:55 a.m. Incoming Presidential Address	CONCURRENT SESSIONS 8:45 a.m. – 9:50 a.m. E1: Getting Healthy: Relational Health of Teen Girls in Chemical Dependency Treatment E2: Managing Pain in the Chemically-Addicted Patient E3: Web-Based Addictions Curriculum for Undergraduate Nursing Education E4: Urine Drug Screens: Interpretation Clinical Pearls
9:55 a.m. – 10:15 a.m. Break	
CONCURRENT SESSIONS 10:15 a.m. – 11:15 a.m. 5A. An Interventional, Multidisciplinary Approach to Chronic Pain Management: A Holistic Overview 5B. Complex Regional Pain Syndrome: A Case Study 5C. Pain in Alzheimer's Disease Patients 5D. Acute Pain Management Using Infusion Devices in Difficulty Populations 5E. Seeking Disease-Specific Certification from The Joint Commission 5F. Multi-Year Pain Prevalence Studies: Key to Changing a Hospital's Pain Management Culture & Practices?	10:15 a.m. – 11:15 a.m. Prescription Drug Abuse & Diversion in Indian Country
CONCURRENT SESSIONS 11:25 a.m. – 12:25 p.m. 6A. The Role of NMDA Receptor Antagonist Drugs in the Acute Care Setting 6B. Comfort Champions Make a Difference in Pain Management 6C. Ban the 1-10 Scale: An Innovative Approach to Labor Pain 6D. The Pain of Addiction. . .Opioid-Induced Tolerance & Hyperalgesia 6E. Safely Monitoring Post-Operative Patients on a Medical/Surgical Unit Utilizing Continuous Cardiorespiratory Remote Monitoring 6F. Picture My Pain: Living with Chronic Pain & Poverty	11:25 a.m. – 12:25 p.m. Opioid Discontinuation: The Art of Tapering
12:30 p.m. – 2:00 p.m. Lunch Symposium	
2:15 p.m. – 3:15 p.m. Evidence-Based Chronic Pain Guidelines: Impact on Patient Safety, Clinical Outcome & Reimbursement	2:15 p.m. – 3:15 p.m. Adverse Effects of Nicotine on Healing & New Nicotine Products Smoking Cessation Products
3:15 p.m. – 3:30 p.m. Break	
3:30 p.m. – 4:30 p.m. Risk Evaluation Mitigation Strategy (REMS) Taskforce White Paper Report	
4:35 p.m. – 5:35 p.m. We Didn't Start the Fire, But We Are Carrying the Torch!	
5:35 p.m. – 5:45 p.m. Closing Remarks	
5:45 p.m. – 7:30 p.m. Dinner on Your Own	
7:30 p.m. – 10:00 p.m. ASPMN®/IntNSA Party	

Registration Brochure

21ST NATIONAL CONFERENCE PLANNING COMMITTEE

PROGRAM CO-CHAIRS:

Margaret Shaw, RN, PNP-BC, Nurse Practitioner, Division of Pediatric Otolaryngology, Emory Children's Center; Pediatric Program, Hospice Atlanta, Atlanta, GA

Sharon Wrona, MS, RN-BC, CNP, Nurse Practitioner Comprehensive Pain Service, Nationwide Children's Hospital, Columbus, OH

COMMITTEE MEMBERS:

Daveda "Davey" Voss, MS, RN-BC, APN-FNP, Pain Management Coordinator/Nurse Practitioner, Blessing Hospital, Quincy, IL; Family Practice, Memorial Hospital, Carthage, IL

Katie Bond, MPA, RN-BC, Clinical Education Specialist - Pain and Palliative Care, Banner Good Samaritan Medical Center, Phoenix, AZ

Karrie Brunson, APRN, MSN, ACNS-BC, Acute Care Clinical Nurse Specialist, St. Anthony North Hospital, Westminster, CO

Pam Caldwell, RN-BC, BSN, OCN, House Supervisor, Cancer Care Assoc., Oklahoma City, OK

Jennifer Morris, RN, BSN, CCRN, Acute Pain Nurse, Exempla St. Joseph Hospital, Denver, CO

Nancy Smith, MSN, RN-BC, Clinical Nurse Specialist, Duke University Medical Center, Durham, NC

Laurie Jowers Ware, PhD, RN, CNL, Assistant Dean/Professor, University of West Georgia School of Nursing, Carrollton, GA

EDUCATION COMMITTEE LIAISON

Elsa Wuhrman, MS, RN-BC, FNP-BC, DNPc, Nurse Practitioner, Acute Pain Services, Columbia University Medical Center, New York, NY

ADVISORS

Colleen Dunwoody, MS, RN-BC, Pain Management Educator and Clinical Consultant, Monroeville, PA

Charlene Cowley, MS, RN, CPNP, Pediatric Nursing Instructor, Pima Community College, Tucson, AZ

Pain Management Certification Examination

ANCC is only offering the pain management nursing certification examination electronically, and electronic testing is not available at the ASPMN® National Conference. If you wish to take the exam after you attend the Certification Preparation Course, you may still do so at one of the local testing facilities in Tucson. Please visit www.prometric.com/ancc and click on "locate a test center" to find the location closest to the hotel.

You may apply for the examination by visiting <http://www.nursecredentialing.org/NurseSpecialties/PainManagement.aspx>.



ASPMN® and IntNSA are partnering to provide donations to the Las Amigas Residential Treatment Facility at CODAC Behavioral Health Services, Inc. Las Amigas is a 21-bed residential treatment facility for pregnant and parenting women in recovery from drug and alcohol addiction. Some women also have co-occurring mental health concerns. Children up to the age of six are able to live with their mothers at Las Amigas, and older children can visit on weekends.

Services offered at Las Amigas include individual and group therapy, case management, education and referrals

for medical services. The women also learn parenting and other life skills critical to living a sober and healthy life.

Donation of the following items is much-needed and so important to providing residents at Las Amigas with a healthy and comfortable environment.

Much Needed Items:

- Bath towels
- Hand towels
- Wash cloths/loofah sponges
- Sheets sets (fitted, straight and pillow case for twin size beds)
- Blankets
- Mattress pads

Crochet & Knit Items:

- Baby blankets
- Baby hats
- Adult blankets
- Adult hats

Other Helpful Items:

- Hygiene products/toiletries (including tampons and pads)
- Shower curtains
- Shower curtain liners
- Shower curtain rings

For more information on programs and services at CODAC, please visit www.CODAC.org.

Registration Form

ASPMN® National Office, P.O. Box 15473, Lenexa, KS 66285-5473 or Fax to (913) 895-4652 ■ Register Online: www.aspmn.org

Final Registration deadline is August 18. If you are registering after August 18, please bring your completed paperwork and payment with you to the conference.

STEP 1: REGISTRATION INFORMATION

First Name	M.I.	Last Name
Employer		
<input type="checkbox"/> Home <input type="checkbox"/> Work		
Preferred Address – please indicate home or work		
City	State	Zip
Daytime Telephone Number		Fax
E-mail Address		

SPECIAL NEEDS

- I will need assistance: _____
- I have special dietary requirements: _____

EMERGENCY CONTACT INFORMATION

Name	
Relationship	Phone Number

- This is my first time attending an ASPMN® National Conference.
- I am interested in introducing a speaker for any session for which I am pre-registered. Please contact me if my services are needed.

STEP 2: WORKSHOPS/REGISTRATION

A. PRE-CONFERENCE WORKSHOPS

Please note that lunch is NOT provided for pre-conference workshop attendees unless you purchase it separately.

	Member	Non-Member
ASPMN Pre-conference Boxed Lunch	<input type="checkbox"/> \$35	<input type="checkbox"/> \$35

ASPMN® Pre-Conference Workshops

Full-Day

Workshop 1: ASPMN® Pain Management Certification Preparation Course™	<input type="checkbox"/> \$115	<input type="checkbox"/> \$160
Workshop 2: "Blocking" the Pain	<input type="checkbox"/> \$115	<input type="checkbox"/> \$160
Workshop 3: Advanced Pharmacology	<input type="checkbox"/> \$115	<input type="checkbox"/> \$160
Workshop 4: Geriatric Pain Management Course	<input type="checkbox"/> \$115	<input type="checkbox"/> \$160

Half-Day

8:00 a.m. - 12:00 p.m.

Workshop 5: The Use of Medicinal Cannabis for Chronic Pain	<input type="checkbox"/> \$85	<input type="checkbox"/> \$125
Workshop 6: The Medicine Walk: Integrating Indigenous Wisdom into Pain Management Nursing	<input type="checkbox"/> \$85	<input type="checkbox"/> \$125

1:00 p.m. - 5:00 p.m.

Workshop 7: Pediatric Pain Management	<input type="checkbox"/> \$85	<input type="checkbox"/> \$125
Workshop 8: Sickle Cell Disease: Why Is It So Hard to Manage?	<input type="checkbox"/> \$85	<input type="checkbox"/> \$125

Attend two half-day workshops (applies to Workshops 5-8); must select one morning and one afternoon session. \$100 \$150

IntNSA Pre-Conference Workshops

Full-Day	Postmarked or Faxed by July 14	Postmarked or Faxed by August 18
<input type="checkbox"/> Workshop A: CARN & CARN-AP Review Course		
<input type="checkbox"/> Workshop B: Trimorbidity: Pain, Addiction & Psychiatric Illness Assessment		
Full-Day Workshop Fees:		
Member	<input type="checkbox"/> \$149	<input type="checkbox"/> \$199
Non-Member	<input type="checkbox"/> \$169	<input type="checkbox"/> \$219

Half-Day (not included in ASPMN® half-day workshop fee)

<input type="checkbox"/> Workshop C: Evidence-Based Practice: Learning the Basics		
<input type="checkbox"/> Workshop D: Alcoholics Anonymous: What All Nurses Need to Know about 12-Step Recovery		
<input type="checkbox"/> Workshop E: Chronic Versus Complicated Pain and Substance Use Disorder: Identifying and Unlocking the Perpetuating Factors and Treatment Strategies		
<input type="checkbox"/> Workshop F: Genomics: The Science of Discovery & Competencies for Addictions Nursing Practice		
Half-Day Workshop Fees:		
Member	<input type="checkbox"/> \$79	<input type="checkbox"/> \$129
Non-Member	<input type="checkbox"/> \$99	<input type="checkbox"/> \$149

Subtotal A: _____

B. FULL-MEETING REGISTRATION

	Postmarked or Faxed by July 14	Postmarked or Faxed by August 18
ASPMN® Member	<input type="checkbox"/> \$315	<input type="checkbox"/> \$375
Non-Member	<input type="checkbox"/> \$445	<input type="checkbox"/> \$495
Student ASPMN® Member	<input type="checkbox"/> \$160	<input type="checkbox"/> \$160
Student Non-Member	<input type="checkbox"/> \$210	<input type="checkbox"/> \$210

Subtotal B: _____

C. SINGLE-DAY REGISTRATION

<input type="checkbox"/> ASPMN® Member	\$150/day
<i>Please indicate which day you will attend.</i>	
<input type="checkbox"/> Thursday <input type="checkbox"/> Friday <input type="checkbox"/> Saturday	
<input type="checkbox"/> Non-Member	\$200/day
<i>Please indicate which day you will attend.</i>	
<input type="checkbox"/> Thursday <input type="checkbox"/> Friday <input type="checkbox"/> Saturday	
<input type="checkbox"/> Student ASPMN® Member	\$55/day
<i>Please indicate which day you will attend.</i>	
<input type="checkbox"/> Thursday <input type="checkbox"/> Friday <input type="checkbox"/> Saturday	
<input type="checkbox"/> Student Non-Member	\$75/day
<i>Please indicate which day you will attend.</i>	
<input type="checkbox"/> Thursday <input type="checkbox"/> Friday <input type="checkbox"/> Saturday	

Subtotal C: _____

D. SPOUSE OR GUEST REGISTRATION

Spouse or Guest(s) \$75 each
(includes Sunday evening Exhibits Reception, all meal functions and the ASPMN® Party)

_____ Number of Guests

Name(s) _____

Subtotal D: _____

E. WALK T-SHIRT (\$20 for S-XL, \$22.50 for XXL)

Indicate Size: _____ Number of Shirts: _____

Subtotal E: _____

F. MEMBERSHIP DUES

Current Members: Save Time – Renew your membership dues for 2012 today! If you are a current ASPMN® member, your dues will expire on December 31, 2011, but you can take the opportunity to renew for the next cycle at this time.

- Active – \$95
- International (US Funds) – \$105
- Student – \$40
- Associate – \$80
- Retired – \$47.50

New Members: Join ASPMN® at this time and take advantage of Member Conference Registration Rates below. Your membership will take effect on October 1, 2011 and will not expire until December 31, 2012! Please complete the membership application form on the following page.

- Active – \$95
- International (US Funds) – \$105
- Student – \$40
- Associate – \$80

Subtotal F: _____

Cancellations & Transfers

Cancellations and transfers must be requested in writing and postmarked or faxed by **August 18, 2011**. Refunds will be issued following the conference. A \$50 administrative fee will be assessed. If you transfer your registration to another person, please include a completed registration form for that person with your written request. Requests for cancellation postmarked, e-mailed or faxed after **August 18, 2011** are not refundable.

RSVP!

- Wednesday, September 7 – Welcome Reception
- Thursday, September 8 – Breakfast Symposium
- Thursday, September 8 – Lunch Symposium
- Thursday, September 8 – PriCara®, Division of Ortho-McNeil-Janssen Pharmaceuticals, Inc., Dinner Symposium (CE)
- Friday, September 9 – Purdue Pharma L.P. Breakfast Symposium (non-CE)
- Friday, September 9 – NeuroGesX Lunch Symposium (non-CE)
- Friday, September 9 – Archimedes Pharma Dinner Symposium (CE)
- Saturday, September 10 – Cadence Pharmaceuticals Breakfast Symposium (non-CE)
- Saturday, September 10 – Lunch Symposium
- Saturday, September 10 – ASPMN® Party
- IntNSA Walk – Thursday Friday Saturday

Important!

Please indicate which Concurrent Sessions you are interested in attending. Please check one session letter for each column.

ASPMN® Concurrent Sessions

Concurrent Session 1	Concurrent Session 2	Concurrent Session 3	Concurrent Session 4	Concurrent Session 5	Concurrent Session 6
<input type="checkbox"/> A	<input type="checkbox"/> A	<input type="checkbox"/> A	<input type="checkbox"/> A	<input type="checkbox"/> A	<input type="checkbox"/> A
<input type="checkbox"/> B	<input type="checkbox"/> B	<input type="checkbox"/> B	<input type="checkbox"/> B	<input type="checkbox"/> B	<input type="checkbox"/> B
<input type="checkbox"/> C	<input type="checkbox"/> C	<input type="checkbox"/> C	<input type="checkbox"/> C	<input type="checkbox"/> C	<input type="checkbox"/> C
<input type="checkbox"/> D	<input type="checkbox"/> D	<input type="checkbox"/> D	<input type="checkbox"/> D	<input type="checkbox"/> D	<input type="checkbox"/> D
<input type="checkbox"/> E	<input type="checkbox"/> E	<input type="checkbox"/> E	<input type="checkbox"/> E	<input type="checkbox"/> E	<input type="checkbox"/> E
<input type="checkbox"/> F	<input type="checkbox"/> F	<input type="checkbox"/> F	<input type="checkbox"/> F	<input type="checkbox"/> F	<input type="checkbox"/> F

IntNSA Concurrent Sessions

Concurrent Session A	Concurrent Session B	Concurrent Session C	Concurrent Session D	Concurrent Session E
<input type="checkbox"/> A1-B1	<input type="checkbox"/> B2	<input type="checkbox"/> C1-D1	<input type="checkbox"/> D2	<input type="checkbox"/> E1
<input type="checkbox"/> A2	<input type="checkbox"/> B3	<input type="checkbox"/> C2	<input type="checkbox"/> D3	<input type="checkbox"/> E2
<input type="checkbox"/> A3	<input type="checkbox"/> B4	<input type="checkbox"/> C3	<input type="checkbox"/> D4	<input type="checkbox"/> E3
<input type="checkbox"/> A4		<input type="checkbox"/> C4		<input type="checkbox"/> E4

Late Registration

If you register after August 18, please bring your registration form and payment with you to the conference as it will NOT be processed at the ASPMN® Executive Office after that date.

STEP 3: TOTAL FEES ENCLOSED

- A. Pre-Conference Workshops \$ _____
- B. Full-Meeting Registration \$ _____
- C. Single-Day Registration \$ _____
- D. Spouse or Guest Registration \$ _____
- E. T-Shirt Fee \$ _____
- F. Membership Dues \$ _____

Total Enclosed \$ _____

All fees must be paid in U.S. dollars, with checks drawn in U.S. funds on U.S. banks.

- Check (ASPMN) Tax ID 58-1905277
- AMERICAN EXPRESS DISCOVER
- MASTERCARD VISA

_____ Card Number

_____ Expiration Date

_____ Cardholder Name

_____ Cardholder Signature

Please return this form and TOTAL AMOUNT DUE to:

Register Online at:
www.aspmn.org

By Mail:
ASPMN® National Office
P.O. Box 15473
Lenexa, KS 66285-5473

By Overnight Courier ONLY:
ASPMN® National Office
18000 W. 105th Street
Olathe, KS 66061

By Fax (with credit card info):
(913) 895-4652

Contact the ASPMN® National Office for further information: (913) 895-4606

ASPMN[®] Membership Application

ASPMN[®] members include clinicians, educators and researchers with vastly different educational preparation, clinical roles and interest in practice issues who work in the following roles:

- Staff Nurse
- Manager
- Clinical Educator
- Nurse Practitioner
- Clinical Nurse Specialist
- Administrator
- Academic Educator
- Researcher

ACTIVE MEMBERSHIP

Any United States citizen or permanent resident who is licensed to practice as a professional registered nurse and is interested in pain management. An active member may vote, hold office, and serve on committees. Dues are \$95.00 annually.

INTERNATIONAL MEMBERSHIP

A professional registered nurse licensed and practicing outside North America and not licensed in North America.

International members shall be excluded from holding office and voting. An international member may be asked to be a non-voting committee member if approved by the Board of Directors. Dues are \$105.00 (US funds) annually.

STUDENT MEMBERSHIP

An individual enrolled in nursing education programs leading to eligibility for registered nurse licensure, BSN degree completion, and advanced degrees. Student members shall be excluded from holding office and serving on committees. Dues are \$40.00 annually.

ASSOCIATE MEMBERSHIP

Includes LPN/LVNs, and other health care professionals who are interested in ASPMN[®]'s goals (pharmacists, social workers, etc.). Associate members shall be excluded from holding office and voting. An Associate Member may be a member of a committee. Dues are \$80.00 annually.

Name	Credentials		
Current Position/Title			
Institution	Country		
Work Address	City	State	Zip
Work Phone	Work Fax		
Work E-mail			
Home Address	City	State	Zip
Home Phone	Home Fax		
Home E-mail			
Preferred mailing address (please check one) <input type="checkbox"/> Home <input type="checkbox"/> Work			
How did you learn about ASPMN [®] ? _____			

MEMBERSHIP DUES

Membership dues are not tax deductible as a charitable contribution. They may be deductible as an ordinary and necessary business expense. Consult your tax advisor for information.

Check only one

- Active \$95.00
- International (US funds)..... \$105.00
- Student..... \$40.00
- Associate \$80.00

METHOD OF PAYMENT

- Check (US funds only)
Please make check payable to ASPMN[®].
- Credit Card VISA MasterCard
 American Express Discover

Card #

Expiration Date

Signature

AMERICAN SOCIETY FOR
Pain Management
 **Nursing**

P.O. Box 15473

Lenexa, KS 66285-5473

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