



Dear Colleague,

Resources for Integrated Care invites you to attend an upcoming webinar. This webinar offers *Continuing Medical Education (CME) and Continuing Education (CE) credit* at no cost to participants.

Promising Practices for Supporting Dually Eligible Older Adults with Complex Pain Needs

[CLICK HERE TO REGISTER](#)

Date: June 27, 2019

Time: 11:30 AM to 1:00 PM EST

Chronic pain is one of the most common conditions encountered by healthcare professionals, particularly among those caring for older adults.¹ Approximately half of all older adults report experiencing bothersome pain within the last month, with three quarters of these older adults reporting pain in more than one location.² In addition, older adults who are dually eligible for both Medicare and Medicaid have higher rates of chronic pain than adults with all other types of coverage.³ Chronic pain that is untreated or ineffectively managed can lead to significant health consequences among older adults, including depression, decreased ability to socialize, impaired sleep, increased falls, malnutrition, and decreased quality of life.⁴ Research suggests that chronic pain is often underdetected and undertreated with advancing age.⁵

This interactive webinar will discuss the common causes and types of pain among dually eligible older adults, identify promising practices for biopsychosocial pain management, and

¹ Reid, M. C., Eccleston, C., & Pillemer, K. (2015). Management of chronic pain in older adults. *BMJ (Clinical research ed.)*, 350, h532. doi:10.1136/bmj.h532

² Patel, K. V., Guralnik, J. M., Dansie, E. J., & Turk, D. C. (2013). Prevalence and impact of pain among older adults in the United States: findings from the 2011 National Health and Aging Trends Study. *Pain*, 154(12), 2649–2657. doi:10.1016/j.pain.2013.07.029

³ Dahlhamer, J., Lucas, J., Zelaya, C., Nahin, R., Mackey, S., DeBar, L., ... Helmick, C. (2018). Prevalence of chronic pain and high-impact chronic pain among adults. *Morbidity and Mortality Weekly Report*, 67, 1001-1006. <http://dx.doi.org/10.15585/mmwr.mm6736a2>

⁴ Ayres, E., Warmington, M., Reid, M. (2012). Managing chronic pain in older adults: 6 steps to overcoming medication barriers. *The Journal of Family Practice*, 61(9), S16-S21. Retrieved from <https://www.mdedge.com/familymedicine/article/116938/geriatrics/managing-chronic-pain-older-adults-6-steps-overcoming>

⁵ Ibid.

demonstrate practical strategies for conducting geriatric pain assessments, delivering evidence-based treatment interventions, and supporting older adults in achieving their pain management and wellness goals.

Speakers will also discuss appropriate use of opioids and strategies to help older adults with opioid use disorder effectively manage chronic pain. Speakers, including an older adult with lived experience managing chronic pain, will share lessons learned on how to effectively care for and support dually eligible older adults.

By the end of this webinar, participants should be able to:

1. Identify common causes and types of pain among older adults
2. Recognize effective strategies and approaches for assessing older adults' pain management needs
3. Recognize how to provide tailored pain management interventions to meet the needs of older adults, including appropriate opioid use and alternatives to opioids
4. Identify promising practices for how to engage older adults in self-managing their pain and collaborating with providers in the community for biopsychosocial supports

Featured Speakers:

- Dr. Beth Darnall, PhD, Clinical Professor, Stanford University School of Medicine, Department of Anesthesiology, Perioperative and Pain Medicine
- Katrina Profitt, PCC-S, Clinical Liaison, Aetna Health of Ohio
- Melissa Myers, ACSW, MSW, Behavioral Health Case Manager, Inland Empire Health Plan, Integrated Pain Program
- Randy, Consumer

Intended Audience:

This webinar is intended for a wide range of stakeholders – front-line staff at social service agencies, providers and health care professionals (such as physicians, psychologists, nurses, social workers, certified prevention specialists, case managers, addiction counselors), MMPs, D-SNPs, managed long-term services and supports programs, and consumer organizations.

<Alternate Intended Audience for HPMS listserv>:

This webinar is intended for providers, health care professionals and front-line staff of Medicare Advantage plans, Medicare-Medicaid Plans, Dual Eligible Special Needs Plans (D-SNPs) and PACE Organizations, as well as other stakeholders interested in improving their ability to manage substance use disorder among older adults.

CME/CE Credit Information:

Accreditation

- The Centers for Medicare & Medicaid Services (CMS) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. CMS is also accredited by the International Association for Continuing Education and Training (IACET) to offer continuing education credit.
- The Lewin Group is accredited by the National Association of Social Workers (NASW) to provide continuing education for social workers.

Continuing Medical Education (CME) Credit – CMS is evaluating this activity for CME credit. The number of credits awarded will be calculated following the activity based on the actual learning time. Final CME information on the amount of credit will be available to participants within the Learning Management System (LMS) after the live activity.

Continuing Education (CE) Credit

- **The Centers for Medicare & Medicaid Services (CMS)** – CMS is evaluating this activity for CE credit. The number of credits awarded will be calculated following the activity based on the actual learning time. Final CE information on the amount of credit will be available to participants within the Learning Management System (LMS) after the live activity.
- **National Association of Social Workers** – This program is pending approval by the National Association of Social Workers. The number of credit hours will be determined based on activity learning time.

The following states do not accept National CE Approval Programs for Social Work: New York, Michigan, and West Virginia.

The following states currently do not recognize NASW National Approval: New Jersey, Idaho, and Oregon.

Individuals are strongly encouraged to check with their specific regulatory boards or other agencies to confirm that courses taken from these accrediting bodies will be accepted by that entity.

PLEASE NOTE:

- Webinar participants seeking CME/CE credit should only claim credit commensurate with the extent of their participation in the activity.
- A score of at least 80% on the post-test must be achieved in order to obtain CMEs/CEs via the NASW or CMS credit options.
- Estimated time to participate in the webinar: 1.5 hours including introductory information and interactive Q&A.
- Participants will be led through the following requirements after signing into and participating in the webinar:
 - Read the learning objectives and faculty disclosures
 - Complete the pre-test

- Participate in the webinar
 - Complete the post-test and program evaluation form
-

Registration Information:

After clicking the registration link hosted on <https://resourcesforintegratedcare.com/> and completing the registration form, you will receive an email from do_not_reply@on24event.com containing event log-on information. The email also contains an attachment that, when opened, will save the event log-on information to an Outlook calendar.

On the day of the live event, please use the web link to join the webinar. You can access the platform using a computer, smart phone, or tablet. The audio portion of the presentation will automatically stream through your computer/device speakers. Please make sure that the volume on your speakers is turned up. Phone dial-in information will also be available during the live event if you are unable to listen to the audio through the computer/device speakers.

For individuals that will be **away** from a computer, smart phone, or tablet on the day of the live webinar event, please email us at RIC@lewin.com to request dial-in information.

Resources for Integrated Care (RIC) develops and disseminates technical assistance and actionable tools for providers of beneficiaries dually eligible for Medicare and Medicaid based on successful innovations and care models. The RIC website features additional resources and tools for providers and health plans, available at <https://www.resourcesforintegratedcare.com>. RIC is supported by the CMS Medicare-Medicaid Coordination Office.

Please contact RIC@lewin.com with any questions.